



POCONO MOUNTAIN WEST ATHLETIC EVENTS

January 25 – January 30, 2021

DAY	SPORT	PLACE	BUS DEPARTS	GAME TIME	VERSUS
MON 1/25	Varsity Swim	Virtual-A		3:30PM	E Stroudsburg South
	Boys 7/8 Basketball	Away	2:30PM	4:00PM	Stroudsburg M.S.
	Girls 7/8 Basketball	Home		4:00PM	Stroudsburg M.S.
TUES 1/26	Boys JV Basketball	Away	2:00PM	4:00PM	E Stroudsburg North
	Boys Varsity Basketball	Away	3:30PM	6:00PM	E Stroudsburg North
	Girls Varsity Basketball	Home		6:00PM	E Stroudsburg North
WED 1/27	Boys 7/8 Basketball	Home	2:30PM	4:00PM	Stroudsburg M.S.
	Girls 7/8 Basketball	Away		4:00PM	Stroudsburg M.S.
	7/8 Wrestling	Home-J		5:30PM	Stroudsburg
	JV Wrestling	Home-J		6:00PM	Stroudsburg
	Varsity Wrestling	Home-J		6:30PM	Stroudsburg
THUR 1/28	Varsity Swim	Virtual-H		3:30PM	E Stroudsburg South
	Boys JV Basketball	Home		4:00PM	E Stroudsburg North
	Boys Varsity Basketball	Home		6:00PM	E Stroudsburg North
	Girls Varsity Basketball	Away	4:00PM	6:00PM	E Stroudsburg North
FRI 1/29	Boys 7/8 Basketball	Home	2:00PM	4:00PM	Lehman IS-ESN
	Girls 7/8 Basketball	Away		4:00PM	Lehman IS-ESN
	7/8 Wrestling	Home-J		5:30PM	Pocono Mountain East
	JV Wrestling	Home-J		6:00PM	Pocono Mountain East
	Varsity Wrestling	Home-J		6:30PM	Pocono Mountain East
SAT 1/30	Boys Freshman Basketball	Home		10:00AM	Stroudsburg
	Boys JV Basketball	Home		11:30AM	Stroudsburg
	Girls JV Basketball	Away	10:00AM	11:30AM	Stroudsburg
	Boys Varsity Basketball	Home		1:00PM	Stroudsburg
	Girls Varsity Basketball	Away	10:00AM	1:00PM	Stroudsburg
	7/8 Wrestling	Away	2:30PM	4:30PM	Pleasant Valley
	JV Wrestling	Away	2:30PM	4:45PM	Pleasant Valley
	Varsity Wrestling	Away	2:30PM	5:00PM	Pleasant Valley

Coaches will send roster and dismissal time for away game days.

- J West Jr. High School
- P Pocono Farms Golf Course
- S Stadium, Swiftwater Campus
- W West High School
- * Away team – held at home site
- ~ Adjustment
- *** Postponed

*****No spectators will be allowed at away events. Athletes permitted 2 family members for home games.
Fans can watch all Freshmen, JV & Varsity games on the NFHS network
Fans can watch all Home 7/8 Basketball games on the NFHS network**